

# How to Keep Your Pet Healthy

Pets bring love and companionship, but keeping them healthy takes care and attention. Schedule regular veterinary check-ups, keep up with vaccinations, and protect against fleas, ticks, and heartworms. Watch for warning signs like sudden weight changes, loss of appetite, unusual behavior, or lethargy, and contact your vet if you notice them.

Some foods that are safe for people can be very harmful to pets. **Foods that can be harmful to pets include:**

- Chocolate
- Raisins
- Onions
- Garlic
- Anything containing xylitol

Keep these out of reach, and review the full list of household hazards before getting a pet by visiting the QR code.

Use QR code to view reference



[www.avma.org/resources-tools/pet-owners/petcare/household-hazards](http://www.avma.org/resources-tools/pet-owners/petcare/household-hazards)

