

What is Type 1 Diabetes and What are the Symptoms?

Type 1 diabetes is a condition where the pancreas no longer makes insulin, the hormone your body needs to move sugar (glucose) from your blood into your cells for energy. Without insulin, sugar builds up in the blood, which over time can damage your heart, eyes, kidneys, nerves, gums, and teeth. It most often starts in children or young adults, but it can begin at any age.

Signs that someone might have type 1 diabetes include:

- Being very thirsty
- Urinating often
- Feeling extremely hungry or tired
- Losing weight even though you're eating more
- Slow-healing sores
- Itchy skin
- Blurry vision
- Tingling or loss of feeling in the feet

A blood test can confirm the diagnosis, and once someone has it, they will need insulin for life to manage their blood sugar. If you are experiencing some or all of these symptoms, see a healthcare provider as soon as possible.

Visit the link to learn more.

Use QR Code to View Reference



<https://medlineplus.gov/diabetestype1.html#summary>

