

# Live in Nebraska? Get Help With Essential Living Expenses

Nebraska State Welfare offers a variety of assistance programs. Visit the site to get help with:

- Food Assistance
- Emergency Cash Assistance
- Medical Help
- Housing and Utility Support
- Child Care and Family Services
- Adult and Elder Care
- Disability Support
- Mental Health Services

Use QR Code to View Reference



<https://dhhs.ne.gov/Pages/default.aspx#>

